Lunchtime @ Bridgewater Primary

3



X

		ALEFECTOR PRESS	Mar .		3	
		Main course	Veggie	Potatoes	Packed Lunch	Pudding
WEEK 1 DATE HERE	Μ	Chicken, leek and potato pie topped with puff pastry served with baby carrots and peas	Cheese and potato filled pasty served with new potatoes baby carrots and peas	Jacket potatoes with baked beans, cheese or tuna	Tuna mayonaise or cheese salad wrap served in a packed lunch box with tortilla chips, salad or vegetable crudites	Carrot cake
	т	Beef and tomato Bolognese pasta bake topped with mozzarella and served with sweetcorn.	Classic roasted tomato spaghetti and garlic bread slice	Jacket potatoes with baked beans, cheese or Tuna	Wholemeal Cheese or Ham sandwich in a packed lunch box, with tortilla chips & salad or vegetable crudites	Flapjack
	W	Butchers pork sausage hot dog seasoned wedges and beans	Vegetarian sausage hot dog seasoned wedges and beans	Jacket potatoes with baked beans, cheese or Tuna	Baked Baguette with ham or cheese served in a packed lunch box, tortiila chips, salad or vegetable crudites	Fresh melon and orange segments
	т	Chinese style chicken fried rice served with mixed seasoned vegetables	Italian Cheese and tomato pizza, sautee potatoes peas and sweetcorn	Jacket potatoes with baked beans, cheese or Tuna	Wholemeal Cheese or Ham sandwich in a packed lunch box, with tortilla chips & salad or vegatable crudites	Chocolate rice crispy slice
	F	Breaded cod fish fingers served with baked wedges sweetcorn and broccoli	Pesto and broccoli pasta shells topped with mozzarella served with sweetcorn	Jacket potatoes with baked beans, cheese or Tuna	Tuna mayonaise or cheese salad wrap served in a packed lunch box with tortilla chips, salad or vegetable crudites	< Vanilla ice cream
WEEK 2 DATE HERE	м	Bridgewater pork sausage roll, baked chips and baked beans	Cheddar Cheese and tomato puff pastry tart, baked chips and baked beans	Jacket potatoes with baked beans, cheese or Tuna	Tuna mayonaise or cheese salad wrap served in a packed lunch box with tortilla chips, salad or vegetable crudites	Raspberry and lemon sponge
	т	Winter Chicken and vegetable stew and dumplings	Chinese style vegetable noodles served with a crispy spring roll.	Jacket potatoes with baked beans, cheese or Tuna	Wholemeal Cheese or Ham sandwich in a packed lunch box, with tortilla chips & salad or vegatable crudites	Vanilla and orange cookie
	W	Popcorn chicken,oven baked wedges and baby carrots	Crispy coated veggie nuggets, wedges and coleslaw	Jacket potatoes with baked beans, cheese or Tuna	Baked Baguette with ham or cheese served in a packed lunch box, tortilla chips, salad or vegetables crudites	Sweet apple and custard pots with crumble topping
	Т	BBQ pulled pork tacos served with baby carrots and sweetcorn.	Macaroni cheese served with baby carrots	Jacket potatoes with baked beans, cheese or Tuna	Wholemeal Cheese or Ham sandwich in a packed lunch box, with tortilla chips & salad or vegatable crudites	Sprinkle cake
	F	Battered fish fillet served with sautee potatoes and garden peas	Muffin egg omellette served with sautee potatoes and garden peas	Jacket potatoes with baked beans, cheese or Tuna	Tuna mayonaise or cheese salad wrap served in a packed lunch box with tortilla chips, salad or vegetable crudites	Chocolate ice cream
WEEK 3 DATE HERE	м	Cowboy brunch - pork sausage, egg omelette, hashbrown and BBQ beans	Pasta and vegetable meatballs served with sweetcorn	Jacket potatoes with baked beans, cheese or Tuna	Tuna mayonaise or cheese salad wrap served in a packed lunch boy with tortilla chips, salad or vegetable crudites	fruit jelly
	т	Chicken and sage stuffing filled Yorkshire served with vegetables and gravy	Creamy vegetable and potato topped pie served with carrots and gravy	Jacket potatoes with baked beans, cheese or Tuna	Wholemeal Cheese or Ham sandwich in a packed lunch box, with tortilla chips & salad or vegatable crudites	Chocolate shortbread
	W	Bridgewater Beef burgers in a soft bun, seasoned wedges and sweetcorn	Crispy breaded Vegetable burger in a soft bun with a mint yogurt dressing seasoned wedges and sweetcorn	Jacket potatoes with baked beans, cheese or Tuna	Baked Baguette with ham or cheese served in a packed lunch box, tortiila chips, salad or vegetables crudites	Fresh fruit salad
	т	Creamy tomato Italian penne pasta and sausage bake served with peas and sweetcorn	Italian Cheese and tomato pizza, sautee potatoes, peas and sweetcorn	Jacket potatoes with baked beans, cheese or Tuna	Wholemeal Cheese or Ham sandwich in a packed lunch box, with tortilla chips & salad or vegatable crudites	Cherry Bakewell style cake
	F	White Fish bites in breadcrumbs, baked chips and peas	Mixed vegetable samosa, mild chilli mayonaise for dipping, served with baked chips and peas	Jacket potatoes with baked beans, cheese or Tuna	Tuna mayonaise or cheese salad wrap served in a packed lunch box with tortilla chips, salad or vegetable crudites	Strawberry ice cream

ep



00

Q.

R