



	<i>Autumn 1</i>	<i>Autumn 2</i>	<i>Spring 1 & 2</i>	<i>Summer 1</i>	<i>Summer 2</i>
Theme	It's wonderful being me	Sparkle and Shine	Growing Up	It's a Wild World	It's a Wild World
Focus	Making Bodies Stronger: <ul style="list-style-type: none"> - Pelvic Girdle - Shoulder Girdle - Forearm & wrist - Working / Listening position 	Making Bodies Stronger: <ul style="list-style-type: none"> - Hand & Finger - Two parts of hand - Working positions Holding the pencil: <ul style="list-style-type: none"> - Picking up the pencil - Pencil checks <i>(separate sheet for targeted tasks)</i>	Holding the pencil: <ul style="list-style-type: none"> - Pencil hold targets - Finger/ pencil workouts <i>(separate sheet for targeted tasks)</i> Learning the letters: <ul style="list-style-type: none"> - 6 letters moves (& the sign post) - Common movements - Tree symbols - Move it, Say it, Write it. 	Learning the letters: <ul style="list-style-type: none"> - Letter Trails - Letter Families 	Learning the letters: <ul style="list-style-type: none"> - Letter Trails - Letter Families
Skills	<ul style="list-style-type: none"> • Plank/ Crawling times • Chair or Floor Push-Ups • Clapping games • Scissors/ Knife & Fork • Learn routine • Strong working position 	<ul style="list-style-type: none"> • Finger rhymes • Learning strategies and build stamina • Learn routine • Strong working position 	<ul style="list-style-type: none"> • Learn movements • Working independently in all scales • Learn, practice and retell stories in groups • Strong pencil hold • Pencil Checks 	<ul style="list-style-type: none"> • Learn movements • Body actions/ positioning – Move it, Say it, Write it 	<ul style="list-style-type: none"> • Learn movements • Body actions/ positioning – Move it, Say it, Write it

Note: May be subject to change led by the children's inquiry and interests.